

GRIZZLY GROWL



On The Horizon

Much more on page 2!

Oct 6
Outdoor Activity Day

Oct 9
Thanksgiving - no school

Oct 19
SCC Election Meeting

Oct 23
PD Day

Oct 24-27
Boo grams on sale

Oct 27
SCC Movie Night

Oct 31
Halloween

Where To Find Us

School Website:
www.nwsd.ca/school/greenacre

School Facebook:
www.facebook.com/greenacreelementary

Division Website:
www.nwsd.ca

SARCAN Drop & Go (benefits the SLC):
Green Acre Grizzlies

Get In Touch

School e-mail
ga.school@nwsd.ca

Front desk phone
(306) 236-5905



Above & above right: We have been enjoying this slow start to fall with lots of outdoor time, even taking our regular Reading Buddies period out into the yard.



Surrounding: A sampling of work from our Fall Fair includes a squash house, flower bouquet, riverside cottage, and yes, alien carrots.

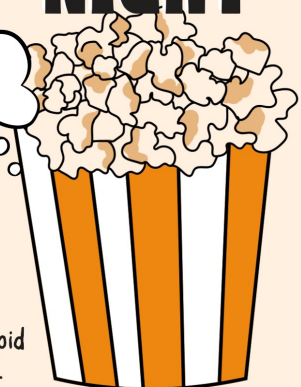




Green Acre School Community
Council invites you to join them
for a free family friendly

HALLOWEEN MOVIE NIGHT

Costumes or
pyjamas
welcome!



Join us at the Rapid
View Rec Center

OCT 27 | **DOORS OPEN AT 6PM FOR
FREE GYM PLAY**
MOVIE STARTS AT 7PM

*Movie will not be scary and
will be suitable for all ages so
bring the whole family!

Come and Join the SCC (or nominate someone else!)

Do you want to be more involved in Green Acre School?
Do you have one free evening a month to meet with other
parents/community members? Here's your chance!

Our School Community Council meets once a month to
discuss events and activities happening in the school,
offer support to staff and students with learning
engagement, provide parent and community views to the
board of education & school staff on policies and plans,
and more.

We need *your* voice! Please join us at our next meeting,
October 19, 2023 at 7:00 p.m. at the Rapid View Rec
Centre, Seniors Activity Room. Exciting things will be
happening, including nominations and voting for four
board positions.

All are welcome! We hope to see you there.

Upcoming Events

- Oct 6 **Outdoor Activity Afternoon** — Join us for
some outdoor fun before the long weekend.
We'll have a variety of activities on the go
starting at 1:00. Make sure to come dressed for
the weather; the whole point is to get outside!
- Oct 9 **Thanksgiving** — no school
- Oct 19 **SCC meeting** with elections
- Oct 23 **PD Day** — no school for students
- Oct 24 **Boo grams** go on sale — From Oct 24-27, our
SLC will be selling \$1 candy grams to be
delivered Oct 31, or Oct 30 for kindergarteners.
- Oct 27 **SCC Movie Night**
- Oct 31 **Halloween** — Come for a costume parade at
about 1:00, then stick around for pumpkin
carving and a carnival run by our SLC!
- Nov 13 **No school** in lieu of Remembrance Day

Don't forget your water bottle!

We're one month in, and we've noticed lots of kids still
forgetting their water bottles and lunch cutlery. Let's
work on this please, so we don't have to dip into our
(increasingly pricey) disposable cups and cutlery!

Seeking Single-Use Supplies

Remember single-use plastic grocery bags? We like to
keep several on hand for emergencies, but lately we are
understandably running low. If you have any stored up
and not in use, we would love to take them off your
hands. Drop them off at the school during office hours in
exchange for our gratitude!

One Quick Note from Ms. Friesen:

As I wrap up this one last newsletter before I leave
Green Acre, I just wanted to thank the Rapid View
community for your support these past seven years! I
will dearly miss seeing these kids, checking in with
parents, and especially sending out my monthly
missive to the surprisingly devoted Grizzly Growl
readers. I know the new Admin Assistant will be
good hands as they settle into this space and make
this job their own. Thank you, and see you around!



Wellness Corner with Mrs. Klassen

LEARNING EMOTIONS & SOCIAL SKILLS WITH

SPOTS

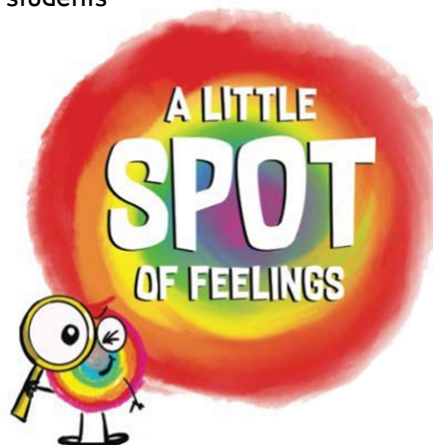


What an amazing start back to school we are having! This beautiful weather has provided refreshing recesses and lunch breaks throughout the day, and we have zero complaints about that!

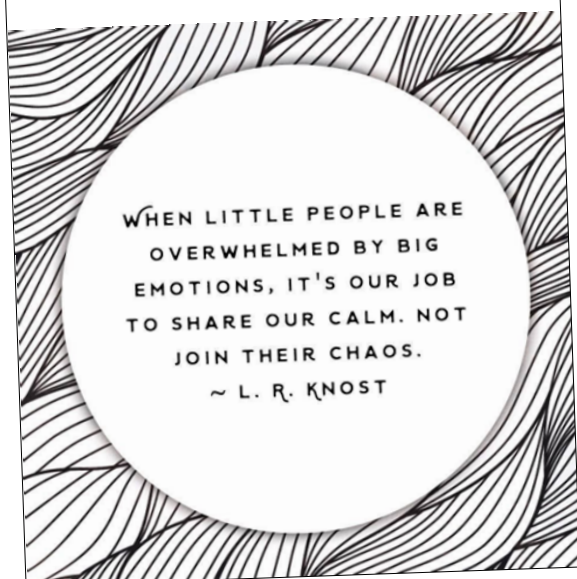
I am so excited for my classroom wellness visits this year! We are going to focus on social emotional learning. This refers to the development of self-awareness, self-control, self-regulation, social skills and responsible decision-making, all of which are important for success at school and in life.

There will be thought-provoking lessons, discussions and activities to help the students identify emotions. Students will learn how to handle overwhelming feelings, develop a positive self-image, and improve the social and emotional skills needed to show empathy, compassion and kindness. Over this year we will study seven specific emotions and the feelings that are associated with them.

Why use SPOTS? The material will be from Diane Albers' "A Little Spot of Feelings" curriculum where we will look at becoming emotion detectives. The younger students will enjoy these fun lessons and the older grades will benefit as well since they are easily adaptable for each age group. Spots are easy to visualize, so if you can visualize your feelings and emotions as a "thing" they can become easier to manage.



SOME FOOD FOR THOUGHT



We are going to grow as a school both in our understanding as well as in our communication, as one of the many strengths of this program is that it provides students with a larger selection of emotional vocabulary. This is especially beneficial for students who may struggle with expressing their emotions or understanding the feelings of others. By providing a range of emotions and strategies for coping, this resource helps students navigate difficult moments and develop the necessary skills for emotional regulation.

The relatable characters and engaging illustrations make it accessible and enjoyable for students. This program supports our school goals of creating an inclusive and supportive environment where our students feel comfortable exploring and expressing their emotions.

It's going to be a great year!

October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 K Day	3	4 K Day	5	6 K Day Outdoor Activity Afternoon	7
8	9 Thanksgiving — no school	10	11 K Day	12	13 K Day	14
15	16	17 K Day	18	19 K Day	20	21
22	23 PD Day — no classes	24 K Day	25	26 K Day SCC Meeting with elections	27 SCC Halloween Movie Night	28
29	30 K Day	31 Halloween (festivities begin at 1:00)	\$1 SLC BOO GRAMS FOR SALE (TO BE DELIVERED OCT. 30/31)			